

Halloween Activities and Treats

Halloween is coming fast and there is nothing scarier than having to plan a day of fun activities: Here are some party ideas:

Games

- * Ring the witch hat (www.halloweenpartybox.com/Halloweenpartygames.html)
- * Ghost waiter (www.halloweenpartybox.com/Halloweenpartygames.html)
- * Ghost, Ghost, Witch (www.halloweenpartybox.com/Halloweenpartygames.html)
- * Who is the Ghost (www.halloweenpartybox.com/Halloweenpartygames.html)
- * Guess the Pumpkins weight
(www.childparenting.about.com/od/halloweenparties/ss/halloweengames_8.htm)
- * Ghostcatcher
(www.childparenting.about.com/od/halloweenparties/ss/halloweengames_4.htm)
- * Pumpkin Toss
(www.childparenting.about.com/od/halloweenparties/ss/halloweengames_2.htm)
- * Pass the Brains (use toys like erasers or stickers in baggies instead of candy)
(www.halloweencraftssoup.com/Halloween_games.html)

Treats

- * Jack O' Lantern Fruit Cup (This may be an idea to send home with the kids to try if you have a large class; You could also use plastic orange cups in place of the oranges and draw on the pumpkin faces)
(www.parentingteens.about.com/od/recipesforkids/r/halloween221.htm)
- * Spider Pretzels (www.homeparents.about.com/od/recipes/r/spider.htm)
- * Apple Teeth (take two slices of red apple spread 1 tsp of peanut butter on each slice of apple, take 5 mini marshmallows and place them in between the 2 slices of apple, lay with the peel facing out, for really rotten teeth replace the marshmallows with raisins)

GMS Power-Up Halloween Day Tips

- Bronze #5: Ask students to submit healthy Halloween recipes
- Silver #1: When handing out prizes for games use things like erasers, pencils, and other toys instead of candy/food
- Gold #1: When planning the Halloween Party encourage parents, students, and volunteers to bring in healthy snacks similar to those listed above
- CM #1: When decorating for the holiday be sure to display posters encouraging nutritious foods
- CM #6: Remind organizations to not sell candy as a fundraiser
- CM #8: Work with Art Classes to create posters about nutrition to place throughout the school